Monitoring of distribution of antibiotic-resistant strains of microorganisms in patients with dysbiosis of the urogenital tract


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According to the modern views, the microbial landscape of the urogenital tract plays an important role in the development of disease conditions. The revolution in the methodological approaches allows an assessment of the complex interactions between microbiota of the urogenital system and the macroorganism. Moreover, at the moment, there is a significant potential for progress in discovering biomarkers and stratification systems and the macroorganism. Furthermore, at the moment, there is a significant potential for progress in discovering biomarkers and stratification systems. The revolution in the methodological approaches allows an assessment of the complex interactions between microbiota of the urogenital system and the macroorganism. Moreover, at the moment, there is a significant potential for progress in discovering biomarkers and stratification systems.

Introduction

According to the modern views, the microbial landscape of the urogenital tract plays an important role in the development of disease conditions. The revolution in the methodological approaches allows an assessment of the complex interactions between microbiota of the urogenital system and the macroorganism. Moreover, at the moment, there is a significant potential for progress in discovering biomarkers and stratification systems. The revolution in the methodological approaches allows an assessment of the complex interactions between microbiota of the urogenital system and the macroorganism. Moreover, at the moment, there is a significant potential for progress in discovering biomarkers and stratification systems.
time inflammatory process using modern diagnostic studies, the purpose of which is prevention of development of infections, dysbiotic conditions and reproductive disorders. Also, the broad range of variability in parameters of morbidity with urogenital infections indicates frequent diagnostic errors when determining the etiological role of some uropathogenic microorganisms or other.

Nowadays, an especially relevant problem is the development of resistance to medical preparations among conditionally pathogenic microorganisms of the urogenital system (Ho et al., 2019). The data of the network of the European system of epidemiological surveillance of resistance to anti-microbial drugs indicate significant geographic differences in distribution of resistance to various classes of antibiotics. Resistant pathogen strains of infections were reported to be the causes of diseases in the South of Europe more often compared with the North of Europe (Machowska & Lundborg, 2019). A subject of special concern is the rapid distribution of bacteria with multi-drug resistance, for the therapy of infectious diseases using antibiotics in each ecotope promotes development of resistant strains that become the reservoir for resistant genes (Palchikov et al., 2019; Zazhokov et al., 2019, 2020; Rigo & Taseca, 2020). These determinants are distributed by microorganisms and transferred from one biotope to another (Kudnova et al., 2019). Pathogenic bacteria, which every year are being increasingly isolated from the urogenital tract, display antibiotic resistance not only to classic antibacterial drugs, but the new ones as well. Such a boom in resistance is mainly associated with irrational antibiotic therapy. It is obviously necessary to raise awareness of the use of antibiotics and causes of the development of resistance among microorganisms (Boboia et al., 2020). From the microbiological perspective, the problem of antibiotic resistance is caused by losses of active groups of antimicrobial drugs, activity of which inevitably decreases as a result of development of resistance to them and insufficient level of microbiological diagnostics of antibiotic resistant microorganism strains (Burnham et al., 2017; Mediati et al., 2021).

Therefore, it is necessary to continuously monitor the distribution of antibiotic-resistant variants of microorganisms to provide effective prevention and treatment of infectious diseases taking into account the most probable pathogens and regional data on their sensitivity to antimicrobial drugs (Knight et al., 2019; Wagenlehner, 2020).

Thus, the objective of the study was determining the frequency of occurrence of antibiotic resistant strains of conditionally pathogenic microorganisms that colonize the urogenital tract of patients with dysbiotic impairments.

Materials and methods

To perform monitoring of circulation of antibiotic resistant strains of conditionally pathogenic microorganisms in the reproductive system, we examined 774,375 people of various age and sex — patients of the INVITRO Independent Diagnostic Laboratory in city Dnipro in the period of 2017–2019. All the monitored patients had signed an informed consent, and the study was conducted according to the Declaration of Helsinki Global Medical Association, the Statute of the Ukraine Association of Bioethics, normative positions about the ethics of the Ministry of the Healthcare of Ukraine No. 66 of 13.02.2006. The research involved the following anamnesis data: patients’ age, sex, social status.

The extent of resistance of isolated strains of conditionally pathogenic bacteria to antibiotic preparations was determined using the disk diffusion method. Susceptibility of microorganisms to antibiotics was determined according to criteria CLSI (CLSI, 2018).

Results

Patients with suspicions of dysbiosis in microbiota of the urogenital tract were those who asked for help at the laboratory following doctors’ recommendations, underwent planned medical examination, or came on their own will. Among them, 640,783 people were diagnosed with dysbiotic malfunctions, accounting for 82.7% of the all patients’ complaints (Fig. 1).

Analysis of the structure of the contingent of patients examined according to sex allowed us to determine that the frequency of detection of positive results for women accounted for 93.5% of the number of complaints; and was 72.9% for men, and 69.0% for children.

As a result of the study of the anamnesis data, we analyzed the frequency of occurrence of dysbiosis in the urogenital tract of women of different age and status (Fig. 2). The greatest amount of dysbiotic disorders was found in the age groups of reproductive age: 25–30 years (41.2% of all the infected) and 15–25 years (32.3%), among which 67.0% and 74.3%, respectively were not married. Somewhat less frequency of detection of imbalances was recorded for women aged 30–40 years (17.2% of all dysbioses), 32.1% comprising unmarried ones. The lowest percentage of disorders in microbiocenosis of the urogenital system was recorded in people aged 40–60 years (6.7%) and older than 60 (2.6%), among which the unmarried ones accounted for 12.0% and 5.0% correspondingly.

In men, the development of dysbiosis was most often observed at the age of 25 to 30 years (50.2% of all the patients) and 15 to 25 years (35.1% of the cases), out of which 41.2% and 78.3% of the patients, respectively, were unmarried (Fig. 3). The lowest frequency of the complaints and positive results for dysbiotic malfunctions in the microbiome of the urogenital tract was found among men of the older generations: 40–60 and older than 60 (of which 17.4% and 2.6%, respectively, were unmarried).

According to the results of the microbiological examination, we determined the frequency of occurrence of facultative and obligate anaerobic bacteria in the urogenital tract of men and women, as well as the domina-
ting role of facultative anaerobes in the development of dysbiotic malfunc-
in the urogenital tract of girls from birth to 14 years, an insignificant
Among dysbioses, obligate anaerobes of the following genera oc-
Presence of obligate anaerobes, other than anaerobic strains of Lactobacillus (10^6 CFU/mL) and Bifidobacterium (10^10 CFU/mL), is also an evidence of dysbiotic condition of the reproductive tract of men. As a result of the research, 62.4% of patients were determined to have large amounts (10^5–10^10 CFU/mL) of bacteria of genera Peptostreptococcus, 54.3% – Clostridium, 32.5% – Bacteroides, 16.4% – Porphyromonas, 13.3% – Fusobacterium genera. At the next stage, we carried out a study to determining resistance of the isolated cultures of conditionally pathogenic microorganisms, pathogens of dysbacterioses of the urogenital tract, to antibiotic drugs. Therefore, it is important to assess annual dynamics of changes in sensitivity of microorganisms based on continuous research of these properties in all etiologically significant strains isolated from the clinical material.

During the period of 2017–2019, 420,014 isolates of bacteria of the Staphylococcus genus were isolated, of which 39,319 (76%) demonstrated resistance to vancomycin, which belongs to the group of drugs of "strategic reserve", and resistance to the traditional drugs was displayed by erythromycin and chloramphenicol – 59,222 (14.1%) and 60,062 (14.3%) respectively. The analysis of the parameters of frequency of detecting resistant strains of Staphylococcus in 2018–2019, compared with 2017, revealed their significant increase in resistance to active antibiotics: 0.7% to erythromycin, 0.9% to chloramphenicol, 8.9% to vancomycin (Fig. 4).

Among 397,905 clinical isolates of Streptococcus genus that colonized the reproductive organs of patients, 49,738 (12.5%) were found resistant to clindamycin, 23,079 (5.8%) – to levofloxacin, 23,078 (5.7%) – to levofloxacin, 12,335 (3.1%) – to ciprofloxacin. During the studies in 2018–2019, we determined that the amount of resistant strains of Streptococcus increased compared with the data of 2017: 0.3% to ciprofloxacin, 0.5% to levofloxacin, 0.3% to levofloxacin, 0.5% to clindamycin (Fig. 5).

Results of the research of antibiotic-resistance in 104,911 clinical variants – representatives of the Enterobacteriaceae family revealed that 58,750 (56%) exerted resistance to chloramphenicol, 44,063 (42%) – to ampicillin, 32,522 (31%) – to doxycycline (Fig. 6).

Table 1

<table>
<thead>
<tr>
<th>Species of microorganisms</th>
<th>Norm, CFU/mL</th>
<th>Dysbiosis, CFU/mL</th>
<th>Frequency of detection of dysbiosis, %</th>
<th>Norm, CFU/mL</th>
<th>Dysbiosis, CFU/mL</th>
<th>Frequency of diagnosing dysbiosis, %</th>
</tr>
</thead>
<tbody>
<tr>
<td>Lactobacillus spp.</td>
<td>10^7–10^10</td>
<td>≤10^6</td>
<td>57.0</td>
<td>10^6</td>
<td>–</td>
<td>–</td>
</tr>
<tr>
<td>Staphylococcus spp.</td>
<td>10^6–10^10</td>
<td>≥10^6</td>
<td>63.2</td>
<td>10^6</td>
<td>≥10^6</td>
<td>≥10^6</td>
</tr>
<tr>
<td>Corynebacterium spp.</td>
<td>10^6–10^10</td>
<td>≥10^6</td>
<td>37.3</td>
<td>10^6</td>
<td>≥10^6</td>
<td>54.2</td>
</tr>
<tr>
<td>Streptococcus spp.</td>
<td>10^6–10^10</td>
<td>≥10^6</td>
<td>54.1</td>
<td>10^6</td>
<td>≥10^6</td>
<td>83.0</td>
</tr>
<tr>
<td>Gardnerella spp.</td>
<td>10^6–10^10</td>
<td>≥10^6</td>
<td>86.1</td>
<td>–</td>
<td>+</td>
<td>11.3</td>
</tr>
<tr>
<td>Enterobacteriaceae spp.</td>
<td>10^6–10^10</td>
<td>≥10^6</td>
<td>26.0</td>
<td>–</td>
<td>+</td>
<td>5.6</td>
</tr>
<tr>
<td>Ureaplasma spp.</td>
<td>10^6</td>
<td>≥10^6</td>
<td>7.0</td>
<td>–</td>
<td>+</td>
<td>19.2</td>
</tr>
<tr>
<td>Mycoplasma spp.</td>
<td>10^6</td>
<td>–</td>
<td>15.4</td>
<td>–</td>
<td>–</td>
<td>14.4</td>
</tr>
</tbody>
</table>

Facultative anaerobic bacteria

| Peptostreptococcus spp.  | 10^6–10^7 | ≥10^6            | 53.2                          | –          | +                | 62.4                         |
| Lactobacillus spp.       | 10^6–10^10 | ≤10^6            | 54.1                          | 10^6        | –                | 14.3                         |
| Escherichia spp.         | <10^6      | ≥10^6            | 16.0                          | –          | +                | 3.2                          |
| Bacteroides spp.         | 10^6–10^7 | ≥10^6            | 9.3                           | –          | +                | 32.5                         |
| Peptostreptococcus spp.  | 10^6–10^7 | ≥10^6            | 45.4                          | –          | +                | 13.3                         |
| Propionibacterium spp.   | 10^6–10^7 | ≥10^6            | 24.0                          | –          | +                | 6.2                          |
| Bifidobacterium spp.     | 10^6–10^7 | ≤10^6            | 67.2                          | 10^6        | –                | 7.4                          |
| Clostridium spp.         | <10^6      | ≥10^6            | 27.1                          | –          | +                | 54.3                         |
| Prevotella spp.          | <10^6      | ≥10^6            | 59.7                          | –          | +                | 3.4                          |
| Porphyromonas spp.       | <10^6      | ≥10^6            | 26.8                          | –          | +                | 16.4                         |
| Mobiluncus spp.          | <10^6      | ≥10^6            | 21.2                          | –          | +                | 9.3                          |

Obligate anaerobic bacteria

| Candida spp.             | ≥10^3      | ≥10^6            | 69.3                          | –          | +                | 37.6                         |

Fungi

The number of isolates of intestinal bacteria that were resistant against antibiotic preparations also had a tendency to growth, as indicated in the last two years compared with the data of 2017: 0.1% increase against ceftazidime, 0.2% to cefotaxime, 4.0% to ampicillin, 4.8% against chloramphenicol.

For *Gardnerella*, there was also seen the tendency toward increase in the frequency of occurrence of resistant variants during the last two years of the research compared with the data of 2017: 1.2% against tetracycline, 4.7% to ampicillin, 3.1% to erythromycin, 4.8% to ofloxacin (Fig. 7).

From the reproductive tract of the patients, there were isolated 265,524 isolates of bacteria of the *Corynebacterium* genus. The most frequently detected resistant variants were those against rifampicin – 55,760 (21%), clarithromycin – 45,139 (17%), penicillin – 42,484 (16%), erythromycin – 38,501 (14.5%), azithromycin – 29,208 (11%). Increase in the number of resistant cultures for the two recent years was: 1.6% to azithromycin, 1.8% to erythromycin, 1.8% to penicillin, 2.0% to clarithromycin, 2.5% to rifampicin (Fig. 8).

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Among 160,090 isolates of *Mycoplasmataceae* family, 125,831 (78.6%) strains were resistant to ciprofloxacin, 78,444 (49%) to ofloxacin, 12,807 (8%) to azithromycin, 6,404 (4%) to doxycycline, 3,362 (2.1%) to josamycin (Fig. 9). Comparing the parameters of resistance for the researched period, we determined that frequency of detection of antibiotic-resistant variants increased by 10.3% to ciprofloxacin, 6.4% – to ofloxacin, 0.9% – to azithromycin.

**Discussion**

Inflammatory diseases of the urogenital organs are still a relevant medical problem due to the high level of morbidity, chronic course, insufficiently effective therapy leaving possibilities of development of recurring diseases or residual symptoms of infection. Biota of the urogenital system is characterized by individual populations of microbiomes, caused by variety of interrelations of vegetating microorganisms, their antagonism and synergism. Normal growth of the urogenital biotope is continuous, but in non-favourable conditions, there occurs a shift in the components of microbiota, followed by rapid decrease in concentration of the resident microbiome, and the number of facultative-anaerobic and aerobic microorganisms tends to increase. Ecological imbalances in this biotope cause decrease in colonization resistance of the mucous membranes, which in turn leads to formation of new microbial associations that may mutually
increase their pathogenic properties. Over the last 20–30 years, there has been an increase in the number of different pathologic conditions based on impaired normal microbiocoenosis of the human organism – dysbacteriosis. In such a condition, the organism is provided with less vitamins and microelements, various types of metabolism suffer, developing conditions for reduction of the immunity and development of diseases of the reproductive organs of men and women. The main causes of dysbacteriosis may be considered to be uncontrolled ingestion of and inadequate treatment with antibiotics, stressful situations, climate changes, overcooking, failure to follow the hygiene norms, chronic fatigue, any inflammations of the organs of the lesser pelvis, caused by bacteria and viruses, and also dysbacteriosis of the intestine (Agar et al., 2020). Most often, disorders in the normocoenosis of the reproductive organs of a macroorganism leads to sexually transmitted diseases, which in turn lead to complicated consequences such as deterioration of life quality, reduction of immunity and development of inflammatory processes, pathological course of pregnancy, threat of miscarriage, rupture of the fetal membranes, premature birth, male and female infertility (Schuppe et al., 2017).

According to the analyzed data, the frequency of detection of positive results for women exceeded this parameter for men and children. This may be explained by the fact that microbiota of the female urogenital tract is more diverse and variable than in men and children, especially in the first year of life and in puberty, when it is developing and is subject to the impact of different factors (Macintyre et al., 2017; Abelshon et al., 2018).

Studies of microbiota of the urogenital tract of women are related to certain difficulties, such as the fact that the lower sections of the reproductive organs in the norm contain a diverse microbiome that is subject to changes in certain age periods of life of the macroorganism (Koeodoor et al., 2019). The vagina of newborns is inhabited by lactic bacteria, but they are gradually replaced with cocci group (mostly Staphylococcus epidermidis), which remain characteristic up to the period of sexual maturity. During menopause, in the reproductive tract of females, the microorganisms of the cocci group become dominant again (Muhleisen & Herbst-Kralovetz, 2016; Li & Ma, 2019). At the reproductive age, the dominant bacteria in the content of microbiome are aerobic lactic bacteria in association with other saprophytes. There occur representatives of genera Lactobacterium, Peptococcus, Peptostreptococcus, Corynebacterium, Staphylococcus (Martin & Mazzaro, 2016; Xu et al., 2020).

According to our research, in women, facultative anaerobes were determined to play the dominant role in the development of dysbiotic malfunctions caused by colonization by conditionally-pathogenic microorganisms in large amounts (Gardnerella, Staphylococcus, Streptococcus, Candida) and also obligate anaerobes (Prevotella, Peptostreptococcus, Fusobacterium). The reasons of such inhabitation of the vagina by conditionally pathogenic microorganisms in the examined women of reproductive age may be high frequency of sexual activity, interruption of pregnancy, irrational consumption of broad-spectrum antibiotics, oral and invasive contraceptives, steroid hormones (Ceccarani et al., 2019). The said factors inhibit colonizing resistance of beneficial microorganisms and massive settlement of obligate and facultative-anaerobic microbiota of the urogenital tract occurs, causing dysbiosis of various degrees of severity (Song et al., 2020; Stout et al., 2020).

In male reproductive organs, a relatively low temperature is maintained, which does not allow the bacteria present in them to intensively reproduce. Therefore, dysbiosis of the urogenital tract of men occurs more rarely than in women (Levis et al., 2017; Bajic et al., 2019). At the same time, dysbiotic disorders of the reproductive systems of men may occur at the initial stage in the urethra, and then be distributed to other organs of the prostate-vesicular complex with formation of the inflammatory process in one or several loci at the same time (Oztelik et al., 2018). It was also found that coagulase-negative staphylococci, streptococci, corynebacteria at titers of up to 10^3 CFU/mL and also lactobacilli and bifidobacteria in the norm may vegetate in the reproductive organs of healthy men, but if the titers of facultative-anaerobic microorganisms exceed the parameters of the norm, even without clearly noticeable symptoms, it is an evidence of dysbiosis of the urogenital tract of men (Tang, 2017). Malfunctions in microbiocoenosis of men is often a consequence of disorder in the microbiome of the vaginas of their sexual partners, which in such conditions explains the prevalence of the representatives of facultative (genera Streptococcus, Staphylococcus, Corynebacterium, Candida) and obligate anaerobes (genera Peptostreptococcus, Clostridium, Bacteroides) in the urogenital tract.

Furthermore, a quite common reason for changes in the quantitative and qualitative compositions of microbiocoenosis in the male reproductive system is development of chronic diseases of metabolic and infectious nature: diabetes, kidney stone disease, phimosis, sexually transmitted infections, and also violations of sanitary-hygienic norms, etc. (Li & Ma, 2019; Lee et al., 2020). In cases of inadequate treatment or self-treatment, a tendency towards emergence of chronic prostatitis was observed (Shokses et al., 2016). Most often, it develops against the background of decrease in the colony resistance caused by protective epithelial and immune mechanisms (Ortega Martell, 2020). First of all, the microbiocoenosis undergoes change as a result of deficiency or elimination of representatives of the normal microbiome that displays antagonism towards allochthonous bacteria or prevents their adhesion on epitheliosites; secondly, there occurs deficiency of factors of local non-specific resistance. This results in development of favourable conditions for colonization of the urogenital tract by allochthonous microorganisms, i.e. dysbiosis takes place, characterized by deficiency or absence of representatives of normal microbiota or presence of conditionally pathogenic microorganisms with notably persistent properties (Magistro & Stief, 2019).

The essential link in the therapy of infectious diseases caused by conditionally pathogenic microorganisms is prescription of antibacterial preparations. But in cases of associations of microorganisms during bacteriological inoculations, the question is what effective antibiotics to chose, because pathogens of inflammation may belong to different taxonomic groups and have differences in the susceptibility to antibacterial preparations. Over 70% of infections are caused by microorganisms resistant to several or a number of antibiotics (Bondaranko et al., 2017; Dragao et al., 2020).

During the period of 2017–2019, there were determined high parameters of detection of antibiotic-resistant isolates of conditionally pathogenic microorganisms that circulate in the reproductive tract of patients with dysbiotic disorders. Therefore, 49.0–78.6% of the representatives of the Mycoplasma pneumoniae family were resistant to drugs of the fluoroquinolone group; 56% of Enterobacteriaceae – to chloramphenicol, 42% to ampicillin, 31% to doxycycline; 76% of Staphylococcus genus – to vancomycin. The data obtained confirm the results of a number of other researchers. According to the data of Karou et al. (2012), bacteria of Escherichia coli, Klebsiella pneumoniae and K. azacae, isolated from the clinical samples from patients suffering dysbiotic malfunctions of the reproductive system, were characterized by the highest level of resistance to ampicillin – respectively 60%, 72% and 50% of the strains, also 55%, 49% and 50% were resistant to amoxicillin/clavulinate, 63%, 50% and 30% to trimetaprim-sulfamethoxazole, 30%, 32% and 25% of the cultures to chloramphenicol. Saad et al. (2020) revealed that in the conditions of quantitative and qualitative changes in the composition of microbiota of the urogenital tract of men and women of reproductive age, more than 60% of all isolates of enterobacteria were characterized by resistance to β-lactam antibiotics and preparations of the tetracycline group; 40–46% of the cultures were resistant to fluoroquinolones and around 30% of strains – to chloramphenicol. Over 70% of the isolates of Staphylococcus aureus were resistant to penicillins (including methicillin), co-trimoxazole, clindamycin and nalidixic acid. We have to note the fact that 40% of the cultures of Staphylococcus aureus were resistant to vancomycin – drug that for a long time remained the agent of choice for treating infections caused by MRSA strains. However, in the mid 1990s, first in Japan and USA, and then in other countries, there began to emerge reports about the increasing frequency of isolating methicillin-resistant Staphylococcus with reduced susceptibility to vancomycin (Siridound et al., 2016; Tran & Rybak, 2018).

As with Mycoplasma isolated from men and women with dysbioses of the urogenital tract, a number of scientists report their high level of resistance to macrolides (Karou et al., 2012; Conway et al., 2019). According to the data of Conway et al. (2019), in various countries around the world, frequency of detection of clinical strains of Mycoplasma resistant to macrolide antibiotics accounted for 30–77% in Finland and the Netherlands – 31%, in Denmark and Great Britain – 40%, in Japan and...
USA – 42%, Canada – 56%, Australia – 68%, New Zealand – 72-77%

Recently, in the scientific literature, reports have emerged about decrease in the sensitivity of representatives of Mycoplasmataceae family to preparations of fluoroquinolone group. Therefore, Zheng et al. (2021) revealed that out of 1,567 isolates of Ureaplasma urealyticum and Mycoplasma hominis, 18.8% of the cultures were resistant to ofloxacin, 14.7% to sparfloxacin, and only 7.8% to levofloxacin. In the article by Solis-Martínez et al. (2006), frequency of isolating M. hominis and U. urealyticum resistant to norfloxacin accounted for 67.8%; and 57.6% were resistant to ofloxacin. The increase in the number of strains resistant to preparations of the fluoroquinolone group is attributed to emergence of mutations in genes responsible for synthesis of target-enzymes – bacterial topoisomerases. The basis for development of resistance to fluoroquinolones is amino acid replacements in the quinoline-binding pocket of sensitive enzymes, leading to decrease in their affinity to fluoroquinolones. Boujema et al. (2020) confirmed that 22 of 26 isolates of Ureaplasma isolated from the clinical material and resistant to ciprofloxacin had amino acid replacement (SSSL) in one of subunits of topoisomerase IV – ParC.

Because the resistance of microorganisms to antibiotics over the recent years has achieved a threatening scale, it is specially important to make an annual assessment of dynamics of changes in the sensitivity of microorganisms based on continuous study of their properties in all etiologically significant strains isolated from clinical material. The conducted researches revealed increase in frequency of detection of strains of uropathogenic bacteria resistant to currently used antibiotic preparations occurring in 2019-2019 compared with the data of 2017: 10.3% and 6.4% increases in resistances representatives of the Mycoplasmataceae family to ciprofloxacin and ofloxacin respectively, 4.8% and 4.0% in Enterobacteriaceae to chloramphenicol and ampicillin respectively, and 8.9% in Staphylococcus genus to vancomycin. The data we obtained correlate with the results of the studies carried out by Patwardhan et al. (2017) and Saad et al. (2020).

Therefore, Patwardhan et al. (2017), during a study of the dynamics of annual changes (2009 to 2014) in the levels of resistance to antibiotics exerted by uropathogens isolated from patients at a hospital in North India, determined increase in the level of resistance of the bacterial cultures to norfloxacin from 30.0% to 41.4%. Saad et al. (2020) demonstrated that for a seven-year period (2009–2015), in Sudan, the frequency of detection of strains of uropathogenic bacteria of Staphylococcus, Pseudomonas, Escherichia, Klebsiella, Proteus genera resistant to such antimicrobial drugs as amoxicillin/clavulanate, ampicillin/sulbactam, cefalexin, nitrofurantoí, co-trimoxazole, chloramphenicol, clindamycin, ciprofloxacin and norfloxacin increased from 2.0% (to ampicillin) to 15.0% (to cefalexin, nitrofurantoí, clindamycin, chloramphenicol, norfloxacin). On the other hand, according to the data of Li et al. (2017), who analyzed the levels of resistance to antibiotics of uropathogens during 6 years in Southern China, Gram-positive bacteria, including those of the Staphylococcus genus, were the most susceptible to linezolid and vancomycin, which contradicts the results we obtained. Such difference may be explained by geographic peculiarities of distribution of genes of resistance to antibiotics among microbiota isolates. Moreover, there are certain differences in the schemes of prescriptions of antibacterial preparations in various countries, which may be also related to the differences in the parameters of resistance to antibiotics in various geographic regions. Thus, the recommended therapeutic scheme should take into account regional manifestation of resistance to particular drugs, observed in conditions of constant monitoring. Furthermore, for adequate therapy of diseases of the reproductive system, particularly, for effective selection of drugs, it is crucial to take into account possible polymicrobial pattern of diseases and have the possibility to simultaneously identify several pathogens. Those strategies allow one to use existing drugs during a longer period with better efficiency and prevent the manifestations of multi-resistant microflora (Shatkovskyi et al., 2016).

The results obtained in the period of 2018–2019 indicate that in the urogenital system of the examined patients, strains of the uropathogenic microorganisms resistant to various antibiotics circulated with high frequency, and the levels of their resistance are tending to increase against drugs that are broadly used in therapy of infections and correction of dysbiotic malfunctions.

Conclusions

The examination of patients of different sexes and age groups revealed the fact of dysbiotic disorders of the urogenital microbiome in 82.7% of patients – men and women of reproductive age.

We determined the dominant role of facultative anaerobes in the development of dysbiotic malfunctions caused by colonization by large amounts of conditionally pathogenic microorganisms: in women, Gardnerella was found in 86.1%, Staphylococcus in 63.2%, Streptococcus in 54.1%, Candida in 69.3%; in men, Strepptococcus was found in 83.0%, Staphylococcus in 79.4%, Corynebacterium in 54.2% and Candida in 37.6% of the cases. Percentage share of obligate anaerobes was also quite high: from women there were isolated Prevotella – in 59.7%, Peptostreptococcus – 53.2%, Fusobacterium – 45.4%; in men, Peptostreptococcus were isolated in 62.4%, Clostridium – in 54.3%, Bacteroides – in 32.5% of the cases.

We determined high parameters of detection of antibiotic-resistant isolates of conditionally pathogenic microorganisms that circulate in the urogenital tract of patients with dysbiotic malfunctions belonging to the following families – Mycoplasmataceae (78.6%), Enterobacteriaceae (56.0%) – and genera – Staphylococcus (76.1%), Gardnerella (24.3%), Corynebacterium (21.3%). The increase in the frequency of detection of resistant strains of uropathogenic bacteria to currently used antibiotic drugs for 2018–2019 compared with the data of 2017: 10.3% and 6.4% in representatives of the Mycoplasmataceae family resistant to ciprofloxacin and ofloxacin respectively, 4.8% and 4.0% in Enterobacteriaceae to chloramphenicol and ampicillin respectively, 8.9% in Staphylococcus genus to vancomycin.

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